

**Annual Meeting of the
International Association for Perceptual Control Theory
(Formerly the Control Systems Group)
11-13th September, University of Manchester, UK, 2019**

Wednesday 11th September

Location Link: <https://www.scienceandindustrymuseum.org.uk>

- 13.00 – 13.45 Arrival at Museum of Science and Industry, meeting in the museum café. Entry is free but please bring or purchase your own lunch.
You may want to view a replica of Alan Turing's 'Baby' computer in the main hall.
- 14.00 - 14.20 Visit and talk on Manchester Mills (Textile Gallery, Ground Floor)
- 14.30 – 15.00 Guided tour from Alice Cliffs, the Curator for Medicine & Engineering who is supporting our bid for a museum exhibition on 'Control'

Location Link: <https://www.refugemcr.co.uk>

- 16.00 – 19.00 Informal drinks reception at The Refuge, Oxford Road, Manchester
Complementary drink & nibbles. Delegates are invited to select their own evening meal arrangements

Thursday 12th September

University of Manchester, Lecture Theatre E, Ground Floor, Zochonis Building, Oxford Rd.

Location Link: <https://www.manchester.ac.uk/discover/maps/interactive-map/>

- 9.00 Arrival and Registration
- 9.20 Introduction: Warren Mansell
- 9.30 International training of MOL within a trial of psilocybin for residual depression
Sara Tai, University of Manchester, UK
- 10.00 Form Emerging from Chaos: Implications of Reorganisation for Psychotherapy Outcome Trajectories
Vyv Huddy, University of Sheffield, UK
- 10.30 Tea, Coffee & Biscuits
- 11.00 A brief transdiagnostic group (the Take Control Course) compared to individual low- intensity CBT for depression and anxiety: a randomised non-inferiority trial
Lydia Morris, University of Salford & Six Degrees Social Enterprise
- 11.20 An adaptation of the Take Control Course to recovery from combat-related ill-health in military veterans
Susan McCormack, Mode Rehabilitation & University of Chester, UK
- 11.40 A Test of the Feasibility of a Visualisation Method to Show the Depth and Duration of Awareness During Method of Levels Therapy
Jakub Grzegorzolka, University of Manchester, UK
- 12.00 Using Perceptual Control Theory to understand the transition from contemplating suicide to making a suicide attempt
Vanessa McIntyre, University of Manchester, UK

- 12.20 Empowered Conversations: A PCT-based communication training for carers of people living with dementia
Lydia Morris, University of Salford & Six Degrees Social Enterprise
- 12.40 Lunch
- 13.40 Agents of change: A Multi-Method Study to Optimise the Helpfulness of an Artificial Relational Agent for Treating Mental Health Problems
Hannah Gaffney, University of Manchester, UK
- 14.00 Resolving Interpersonal and Intrapersonal Conflicts: A Comparison of the Practice of Mediation with Method-of-Levels Psychotherapy
Kent McClelland, Grinnell College, USA
- 14.20 Giving PCT away: pedagogy for sustainable learning
John Kirkland, Massey University, New Zealand
- 14.50 Tea, Coffee & Biscuits
- 15.20 The Impact of Transformational Life Skills Based on Perceptual Control Theory
Shelley Roy, BE-Print, USA
- 15.40 Using principles of PCT to transform the understanding & care of children & young people
Louise Mansell & Kirsty Hughes, Clinical Psychologists at Nurture Cooperative, UK
- 16.00 A whole-school approach using PCT and MOL to support emotional health and behaviour
Susan McCormack, Mode Rehabilitation & University of Chester, UK
- 16.20 PCT and Pedagogical Action in Education
Eetu Pikkarainen, University of Oulu, Finland
- 16.50 Discussion and end of the day. Informal drinks at Kro Bar
Location Link: <http://kro.co.uk>

Delegates are invited to select their own evening meal arrangements

Friday 13th September

- 9.00 Arrival
- 9.15 The frontiers of interdisciplinary research using PCT
Warren Mansell, University of Manchester, UK
- 9.40 Mathematical Approaches to Understanding (and Misunderstanding) Behavior
Richard Kennaway, UEA, UK & Rick Marken, Los Angeles, USA
- 10.15 Trapping perceptions in the wild: a field report
Bruce Nevin, Massachusetts, USA
- 10.45 Tea, Coffee & Biscuits
- 11.00 Colour perception: applying PCT ex post facto
John Kirkland, Massey University, New Zealand

- 11.30 Applying PCT to hand hygiene
Jonathan Sigger, Middlesex University, UK
- 12.00 Perception in the generation of hierarchical control structures: a new methodology to derive hierarchies in robots from real world experience
Ben Hawker, University of Sheffield, UK
- 12.30 Lunch
- 13.20 Militarism and the Authoritarian Personality: Displacement, Identification, and Perceptual Control
Brian D'Agostino, New York, USA
- 13.50 A PCT View of Money
Martin Taylor, Toronto, Canada
- 14.20 Undoing arbitrary control practices in cancer services. Developing a Method of Levels approach to psychological skills training for cancer nurses
Mike Rennoldson
- 14.40 Small group discussions on PCT: Clarifying Concepts
Eva de Hullu, Open University, Netherlands
- 15.10 Tea, Coffee & Biscuits
- 15.30 Small group discussions on PCT: Clarifying Concepts (continued)
Eva de Hullu, Open University, Netherlands
- 16.00 – 17.00 Annual General Meeting
- 19.00 Informal Drinks at Dukes (delegates to purchase their own drinks, etc)
Location Link: <https://dukes92.com>
- 20.00 Evening Banquet at Alfred Shed (delegates to purchase their own meal, etc)
Location Link: <https://alberts-restaurants.com/shed/>

POSTER

Experiences across the perceptual hierarchy
Eva de Hullu, Open University, Netherlands

Saturday 14th September

Option to visit Jodrell Bank, a UNESCO World Heritage observatory on the hills outside Manchester – please liaise with Warren if you are interested. Pay on entry, no booking planned.

<https://www.jodrellbank.net>

<https://www.rome2rio.com/s/Manchester/Jodrell-Bank>