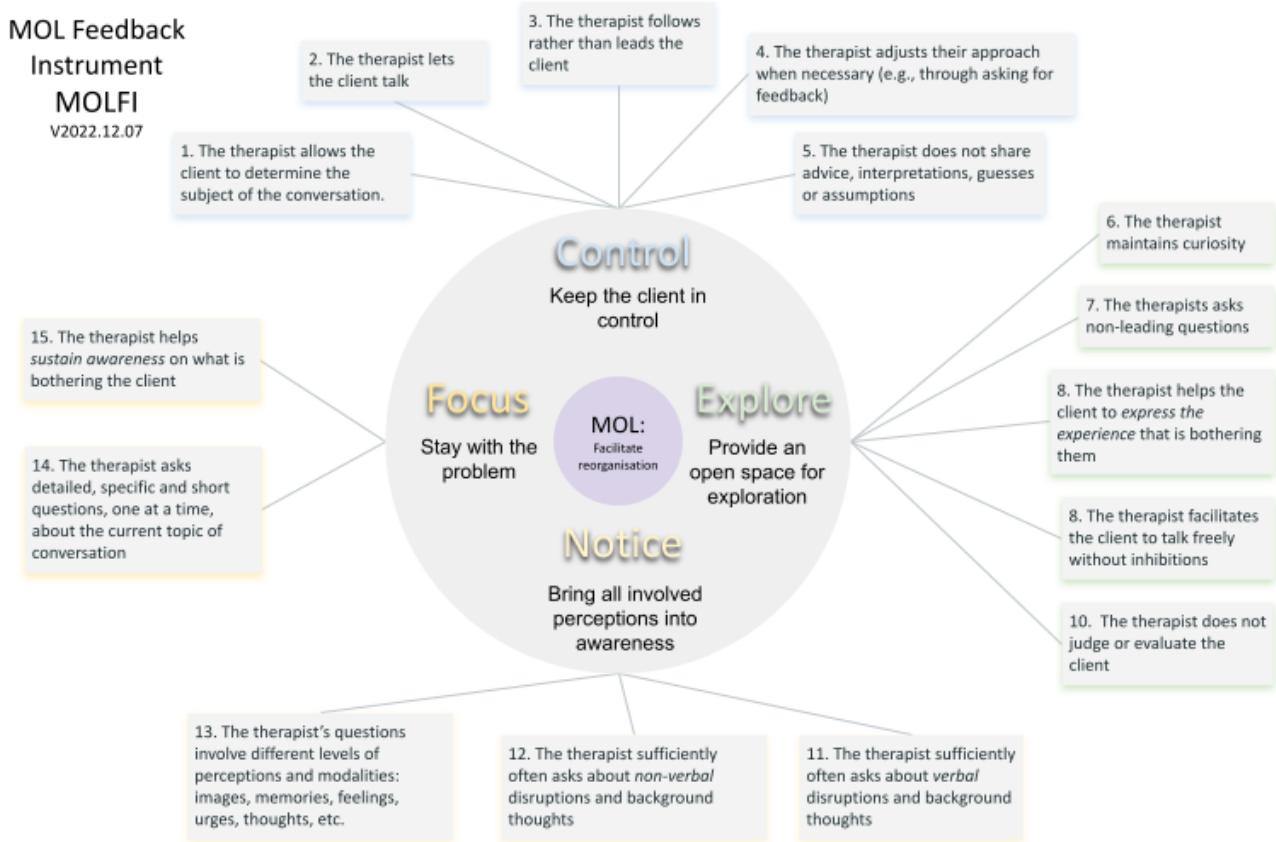


# MOL Feedback Instrument - MOLFI<sub>v2022.12.09</sub>

This is the latest version of what is now named the MOL feedback instrument (MOLFI), currently available to be evaluated by practitioners. Please share your feedback with us through this form: <https://forms.gle/CAiYtbfRt96Wnpw6> or [methodoflevels@ou.nl](mailto:methodoflevels@ou.nl).

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## Instruction

- Use the MOLFI (next page) as an observer to an MOL session (recording).
- This list helps you rate the therapist's control of four principles of MOL (right column) that serve the ultimate goal of facilitating effective reorganisation with this particular client at this particular time (bottom row).
- Each principle is illustrated by a number of aspects (white rows) that could serve this principle. For example, a way to keep the client in control is to ask for feedback to adjust your approach (pace, timing etc). A way to help focus awareness on the problem is to ask detailed, specific questions about the problem. While reviewing the session, rate for each aspect how much it was used to serve that particular principle. The five options should be interpreted from left (not serving this principle at all) to right (serving this principle very well).
- The principle ratings (coloured columns) should be holistic ratings, informed by the aspects and by the overall embodied sense of the observer of how well this principle is controlled. The aspects ratings do not need to add up to the principle rating; a principle level goal can be reached in many ways. You can use written feedback to explain.
- Finally, with that same embodied, holistic approach, take a step back and provide an estimation of the overall quality of the therapist in this MOL conversation: in this particular session with this particular client, how well does this therapist balance the principles, and how well does the therapist facilitate effective reorganization?
- Provide additional verbal or written feedback if necessary.
- Please do not disclose private or sensitive information.

Please share any thoughts, questions, or other feedback with us.

# MOL Feedback Instrument - MOLFI<sub>V2022.12.09</sub>

Session:

		Limiting client control:	Rate from 1-5	Facilitating client control:	
<b>CONTROL</b> <i>Rate for these aspects how much the therapist limits or facilitates client control.</i>	1	The therapist determines the subject of the conversation.	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>	The therapist allows the client to determine the subject of the conversation.	<i>Provide an overall score (not a sum of the aspects left):</i>  The therapist keeps the client in control.  <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> not at all - very well
	2	The therapist talks too much.	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>	The therapist lets the client talk.	
	3	The therapist leads the client rather than follows.	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>	The therapist follows rather than leads the client.	
	4	The therapist does not adjust their approach to the client if necessary.	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>	The therapist adjusts their approach when necessary (e.g., through asking for feedback).	
	5	The therapist shares advice, interpretations, guesses or assumptions.	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>	The therapist does not share advice, interpretations, guesses or assumptions.	

		Limiting space for exploration:	Rate from 1-5	Providing open space for exploration:	
<b>EXPLORE</b> <i>Rate for these aspects how much the therapist limits or provides an open space for exploration.</i>	6	The therapist lacks curiosity.	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>	The therapist maintains curiosity.	<i>Provide an overall score (not a sum of the aspects left):</i>  The therapist provides an open space for exploration.  <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> not at all - very well
	7	The therapist asks leading questions.	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>	The therapists asks non-leading questions.	
	8	The therapist does not help the client express the experience that is bothering them.	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>	The therapist helps the client to express the experience that is bothering them.	
	9	The therapist obstructs the client to talk freely.	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>	The therapist facilitates the client to talk freely without inhibitions.	
	10	The therapist judges or evaluates the client.	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>	The therapist does not judge or evaluate the client.	

		Hindering awareness:	Rate from 1-5	Helping awareness:	
<b>NOTICE</b> <i>Rate for these aspects how much the therapist hinders or helps to bring all involved perceptions into awareness.</i>	11	The therapist misses many <i>verbal</i> disruptions and background thoughts.	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>	The therapist sufficiently often asks about <i>verbal</i> disruptions and background thoughts.	<i>Provide an overall score (not a sum of the aspects left):</i>  The therapist helps to bring all involved perceptions into awareness.  <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> not at all - very well
	12	The therapist misses many <i>non-verbal</i> disruptions and background thoughts.	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>	The therapist sufficiently often asks about <i>non-verbal</i> disruptions and background thoughts.	
	13	The therapist's questions do not vary enough across different levels of perception or modalities: images, memories, feelings, urges, thoughts etc.	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>	The therapist's questions involve different levels of perceptions and modalities: images, memories, feelings, urges, thoughts, etc.	

		Limits focus on the problem:	Rate from 1-5	Helps focus on the problem:	
<b>FOCUS</b> <i>Rate for these aspects how much the therapist hinders or helps the client stay with the problem.</i>	14	The therapists does not ask detailed, specific, and short questions, one at a time, about the current topic of conversation.	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>	The therapist often asks detailed, specific, and short questions, one at a time, about the current topic of conversation.	<i>Provide an overall score (not a sum of the aspects left):</i>  The therapist helps the client stay with the problem.  <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> not at all - very well
	15	The therapist does not help sustain awareness on what is bothering the client.	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>	The therapist helps sustain awareness on what is bothering the client.	

<b>Overall rating of quality</b> <i>Provide an overall, holistic score for the balance and facilitating of effective reorganisation with this particular client, at this particular time:</i>	How well did the therapist balance the principles of <i>control, exploration, noticing and focus</i> ?	not at all <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> very well
	How much did the therapist facilitate effective reorganisation?	not at all <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> very well